

Week 13

Hardware Store

- Whistle
- ABC fire extinguisher
- Pliers
- Vise grips

To Do

- Take a first aid/CPR class.

Week 14

Grocery Store

- 1 can fruit*
- 1 can meat*
- 1 can vegetables*
- 1 package paper plates
- 1 package eating utensils
- 1 package paper cups
- Adult vitamins

To Do

- Make a plan to check on a neighbor who might need help in an emergency.

Week 15

Hardware Store

- Extra flashlight batteries
- Masking tape
- Hammer
- Assorted nails
- "L" brackets to secure tall furniture to wall studs
- Wood screws

To Do

- Brace shelves and cabinets

Week 16

Grocery Store

- 1 can meat*
- 1 can vegetables*
- 1 box large heavy-duty garbage bags
- Kleenex
- 1 box quick energy snacks (such as granola bars or raisins)

To Do

- Find out if you have a neighborhood safety organization and join it!

Week 17

Grocery Store

- 1 box graham crackers
- Assorted plastic containers with lids
- Assorted safety pins
- Dry cereal

To Do

- Arrange for a friend or neighbor to help your children if you are at work.

Week 18

Hardware Store

- "Childproof" latches or other fasteners for your cupboards
- Double-sided tape or Velcro-type fasteners to secure moveable objects.

To Do

- Pack a "go-pack" in case you need to evacuate.

Week 19

Grocery Store

- 1 box large heavy-duty garbage bags
- 1 box quick energy snacks (such as granola bars or raisins)

To Do

- Have an emergency drill at Home.

Week 20

Hardware Store

- Camping or utility knife
- Extra radio batteries

To Do

- Find out about your workplace emergency plans.

Week 21

Hardware Store

- Heavy work gloves
- 1 box disposable dust masks
- 3 rolls paper towels
- Screwdriver
- Plastic safety goggles

Week 22

Grocery Store

- Extra hand-operated can opener lantern with extra battery or extra flashlights

Week 23

Hardware Store

- Battery-powered camping
- Plastic wrap

Week 24

Grocery Store

- Large plastic food bags
- Aluminum foil

Items marked with an asterisk "" should be purchased for each member of the household.*