

# Monument Community

Free



# Health Fair

Saturday, October 4, 2008

11 am-3 pm

Meadow Homes Park

Detroit Ave. & Sunshine Dr., Concord

Over 50 informational booths, healthy cooking demonstrations, activities for children and much more

## Free health screenings:

- Glucose & cholesterol
- Prostate cancer
- Blood pressure
- Spinal exam
- Respiratory
- Thyroid
- Dental
- Vision



For information call (925) 671-3494

Presented by Monument Community Partnership

Supported by Asociación Hispana del Cancer, Contra Costa Health Plan

Sponsored by Kaiser Permanente, City of Concord, La Clínica Monument, John Muir Health, Wells Fargo, Firedoll Foundation, Olson Chiropractic, Walnut Creek Host Lions Club, Barton Chiropractic, Contra Costa Health Services